

# Lauren Foster, DVM, DACVN, CCRP

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Office: 252.257.1959

## **Current Position:**

### **Pet Diets, [PetDiets.com](http://PetDiets.com)**

Veterinary Nutrition Consultant

September 2021-present

## **Education:**

### **University of Tennessee, Knoxville, TN**

College of Veterinary Medicine

Canine Rehabilitation Certificate Program (CCRP)

Completion

*March 2018-June 2019*

### **University of Missouri, Columbia, MO**

College of Veterinary Medicine

Department of Veterinary Medicine and Surgery

*Post-Doctoral Research Training Fellowship*

*Diplomate of the American College of Veterinary Nutrition*

*Small Animal Clinical Nutrition Residency*

*November 2015-February 2018*

*June 2017*

*August 2013-October 2015*

### **Mississippi State University, Starkville, MS**

College of Veterinary Medicine

*Doctorate of Veterinary Medicine*

*May 2006*

### **Mississippi State University, Starkville, MS**

College of Ag and Life Sciences

Bachelor of Science, Animal and Dairy Science, Summa Cum Laude

*May 2003*

### **Pearl River Community College, Poplarville, MS**

Undergraduate studies

Associate of Arts, Honors

*December 2000*

## **Professional Experience:**

### **Pathway Veterinary Alliance**

**Heart of Texas Veterinary Specialty Center, Round Rock, TX**

Pathway Director of Nutrition and Veterinary Clinical Nutritionist

*October 2019-May 2021*

### **University of Missouri, Columbia, MO**

College of Veterinary Medicine

Veterinary Health Center

Assistant Teaching Professor in Small Animal Nutrition

*March 2018-September 2019*

### **Cobble Hill Animal Clinic, Brooklyn, NY**

Associate Veterinarian

*May 2011-July 2103*

**Fifth Avenue Veterinary Specialists, New York, NY**  
Emergency staff veterinarian

*August 2010-May 2011*

**Huffard Animal Hospital, Pasadena, MD**  
Associate veterinarian

*July 2006-June 2010*

**Publications:**

Backus RC, Foster LF (2021) Investigation of the effects of dietary supplementation with 25-hydroxyvitamin D3 and vitamin D3 on indicators of vitamin D status in healthy dogs. *Am J Vet Res* vol 82 (issue 9)

Young LR, Backus RC (2016) Oral vitamin D supplementation at five times the recommended allowance marginally affects serum 25-hydroxyvitamin D concentrations in dogs. *J Nutr Sci* **5**, e31

Young, L, Backus, R (2017) Serum 25-hydroxyvitamin D3 and 24R, 25-dihydroxyvitamin D3 concentrations in adult dogs are more substantially increased by oral supplementation of 25-hydroxyvitamin D3 than by vitamin D3. *J Nutr Sci* **6**. doi:10.1017/jns.2017.8

**Presentations and Awards:**

*September 2017*

Abstract presentation at European Society of Veterinary and Comparative Nutrition Congress  
Serum 25-hydroxyvitamin D3 and 24R, 25-dihydroxyvitamin D3 concentrations in adult dogs are more substantially increased by oral supplementation of 25-hydroxyvitamin D3 than by vitamin D3

Abstract presentation at Waltham International Nutritional Sciences Symposium *October 2016*  
Serum 25-hydroxyvitamin D3 and 24R, 25-dihydroxyvitamin D3 concentrations in adult dogs are more substantially increased by oral supplementation of 25-hydroxyvitamin D3 than by vitamin D3

Early Career Researcher Award

*October 2016*

Abstract presentation at American Academy of Veterinary Nutrition Symposium *June 2016*  
Oral vitamin D supplementation at 5 times the recommended allowance does not efficiently increase vitamin D status in adult dogs

AAVN/Waltham grant

*June 2016*

“Vitamin D status response to oral supplementation of 25-hydroxyvitamin D3 at varying doses in adult dogs”

Resident Seminar Series

Vitamin D Deficiency in Dogs: How can we correct this problem?

*December 2014*

Increasing Awareness of Vitamin D in Veterinary Medicine

*March 2014*

**Professional Affiliations:**

American College of Veterinary Nutrition

American Academy of Veterinary Nutrition

American Veterinary Medical Association

**Professional Licensure:**

Texas State Veterinary License No. 16195, current and valid

**References:**

Rossi House, DVM, DACVIM (Neurology)  
Nashville Veterinary Specialists, Nashville, TN  
615-386-0107

Kimberly Gostyla, DVM  
Noah's Ark Veterinary and Boarding Resort, Millersville, MD  
443-458-8589

Kaoru Tsuruta, DVM  
Allegheny Veterinary Emergency Trauma and Specialty, Monroeville, PA  
412-520-3168